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VEGGIE LOVERS
THIS BURGER IS JUST FULL OF FLAVOUR
(page 26)

HARK

IT'S A HAROLD & KUMAR CHRISTMAS FOR HARRIS

(page 20)



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News worth sharing.



Swab. Call

► University of Alberta student Mackenzie Reed is on the lookout for 200 good men at yesterday's Get Swabbed event in Edmonton.

LUCY HAINES/FOR METRO

Seeking young men for stem cells

The event was in partnership with the OneMatch Stem Cell and Marrow Network. To register as a potential donor, visit onematch.ca. For more on the initiative, see page 5.

RAM over LRT: Ambrose

► MP's statement suggests feds thought city wanted LRT before museum cash ► Funds pledged to RAM now a priority: Ambrose



SHELLEY WILLIAMSON
@METRONEWS.CA

One week after the province said the Royal Alberta Museum was stalled due to a lack of federal funding, Edmonton-Spruce Grove MP Rona Ambrose issued a release stating Ottawa could dig for more money, at the expense of the LRT.

"I have spoken with both the province of Alberta and the mayor of Edmonton and they have confirmed that their priority — recognizing there is a finite amount of infrastructure funding for municipalities — is the Royal Alberta Museum," wrote Ambrose.

Ambrose added that, as minister for Northern Alberta, she "will continue to work on behalf of Edmontonians to secure funding for this project."

Mayor Stephen Mandel disagreed that his focus had been rerouted from the LRT.

"My priority's not changed," Mandel said yesterday.

Mandel said the LRT is not far enough along to warrant a push for federal cash, so it's not an either/or push for funds.

"There's nothing we have on the horizon (for the LRT) that's going to be worth asking the federal government (for funds) in the next year," he said.

Cam Traynor, spokesperson for Alberta's minister of infrastructure, Jeff Johnson, said the province takes Ambrose's words as a step in the right direction for the RAM.

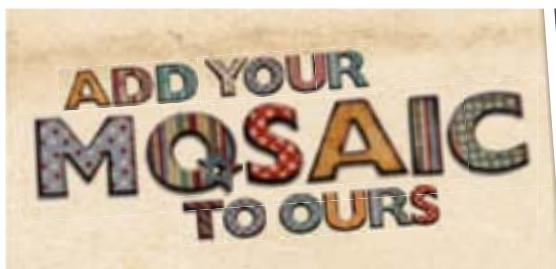
"What the statement says is they are reconsidering federal funding for the museum, and from our perspective that's good news," said Traynor.

Traynor said the province's

Background

- Last week, Alberta Infrastructure Minister Jeff Johnson said construction on a new RAM in downtown Edmonton was on hold because the feds had reneged on a \$92-million boost.
- The next day, the federal government said it only ever pledged \$30 million to the museum.
- Before last week, the \$340-million Royal Alberta Museum, to be designed and built by the team of Leduc Group and Dialog Designs, was slated to open in 2015 at 103A Avenue and 99 Street.

infrastructure priority has always been the museum, and that's why the application was made for the \$92.5-million federal grant in July.



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Stiffer DWI laws under review

Alberta may speed ahead of B.C.'s drunk-driving model, the harshest in the country, Transportation Minister Ray Danyluk says.

"We are not cloning B.C.'s legislation. We need to look at all legislation and regulation around individuals who drive with alcohol consumption or are impaired," Danyluk said.

He stressed that a proposed law, first floated by Premier Alison Redford two weeks ago in a joint news conference with B.C. Premier Christy Clark, could be ready for debate when the legislature resumes sitting on Nov. 21.

"We are looking at not only the .05 to the .08, but we're also looking at repeat offenders on the .08, and individuals that are chronic abusers at higher levels," he said.

Const. Ian Brooks, with the impaired driving countermeasures unit of the Edmonton Police Service, said additional penalties for drivers who have had multiple 24-hour suspensions could be "a valuable deterrent."

As could targeting drivers at .05, which is when impairment starts to show, he added.

"They had a significant reduction in the number of fatalities in B.C. as a result of people not trying to do the math and determine if they're at 0.08," Brooks said. "It could change people's attitudes."

● **HEATHER MCINTYRE/WITH FILES FROM THE CANADIAN PRESS**



► Fire ravaged this northeast commercial building Tuesday night, displacing all of the tenants.

Fire guts six businesses

► Damages estimated at \$6 million ► Mayday called as one crew member lost contact while fighting fire, but all firefighters exited building safely



SHELLEY WILLIAMSON
@METRONEWS.CA

Fire facts

► Fire crews were called at 11:10 p.m. Extra firefighters were called in at 11:30 after a partial roof collapse, and again at 1 a.m., as a precaution for surrounding businesses.

Six businesses are in ruins after a three-alarm fire gutted an industrial building.

Dave Bassett, who owns the building at 121 Avenue and 68 Street, got a call from his alarm company at about 11 p.m. on Tuesday when sensors went off.

"As soon as I came around the corner, I saw every firefighter in the city was here," said Bassett, who also owns Foss Cus-

tom Woodcrafts, which was reduced to rubble.

"Everyone has insurance, but that doesn't do any good in the short term," he said.

► About 65 firefighters battled the blaze at its height and crews continued to douse hot spots yesterday morning.
► The cause of the \$6-million fire, still under investigation, was not known at press time.

Bassett said he initially worried his son and another employee could be inside since they had been working late.

Terry Billey watched his

livelihood go up in flames as crews fought to contain the fire until yesterday morning.

"Everything was in there. My product was in there," said Billey, who owns two of the displaced businesses, T and B Liquidators and Affordable Food Stop.

Billey said he saw the roof collapse and mattresses from a furniture store feed the fire.

The building also housed a plumbing company and glass shop.

1

news


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SHELLEY WILLIAMSON/METRO



► Campers showed no signs of moving despite fixed reminders to do so yesterday at the Occupy Edmonton site along Jasper Avenue.

New signs occupying camp don't hold up

► Landowner hoping signs will deter campers but has no plans to move them out ► New sites considered



SHELLEY WILLIAMSON
@METRONEWS.CA

Of all the signs propping up the Occupy Edmonton camp, one is drawing more interest.

Protesters camped at the Melcor-owned site along Jasper Avenue at 102 Avenue noticed City of Edmonton signs Tuesday stating the land was closed, 11 p.m. to 5 a.m. "to the general public."

"We actually had them put up to be consistent with the letter we gave them Oct. 21," said Ralph Young, Melcor president,

11

Signs at the Occupy Edmonton camp state the general public is not allowed past 11 p.m.

yesterday. "They have obviously not honoured them."

Young said he had the signs put up as a deterrent.

"It's a standard the city has and I think it's a good one," he said of the bylaw quoted on the signs.

But city spokesperson Ronna Bremer said the signs would be coming

down because bylaws can't be enforced on private property.

Group spokesperson Chelsea Taylor braced for eviction Tuesday, which never came. The landowner had no plans to step in last night, either.

"At some point we will. We are not trying to create any kind of incident," said Young.

Instead, he hopes the local Occupy movement will vacate on its own.

"I think anyone would agree it's not a safe, secure place ... that should not be occupied long-term," said Young.

Beverly businesses say more cops on beat could beat back crime

HEATHER MCINTYRE
@METRONEWS.CA

Despite crime reduction in a northeast Edmonton community, there is concern about police presence.

Cornel Rusnak, executive director of the Beverly Business Association, said while there are four Edmonton Police Service beat officers assigned to the area that do a great job, businesses and customers have expressed concern that they're not available.

In an annual report to a council committee yesterday, Rusnak said the officers seem to be assigned to other areas or are away at times for a number of reasons.

"I'm very concerned about that," he said.

Chad Orydzuk, EPS

"There were times this year where only one was on. Even if a few days, that shouldn't happen."

CORNEL RUSNAK,
BEVERLY BUSINESS ASSOCIATION,
ON THE LACK OF BEAT COPS

spokesperson, said there are 11 beat officers in the northeast, including two in Beverly Heights and two in Beacon Heights throughout the week, and that additional shifts are assigned on weekends.

"Maybe it's difficult to justify because crime is down," Rusnak said of wanting two additional officers to ensure shifts are covered. "But that's why crime is down."

Fighting crime

- There are approximately 61 beat officers city-wide, said Chad Orydzuk, though that number can fluctuate.
- Beat officers walk, bike and drive around, said Cornel Rusnak, adding: "It's their area, they tend to know people and they're working to correct problems."
- Rusnak said areas such as Beverly and Fort Road are "looking for an increase in beat officers as a way of maintaining police presence," which is helping to curb crime.
- Coun. Tony Caterina said of the new EPS grad class, seven officers are destined for the north division, which could mean relief is on the way.

Strathcona may appeal Heartland decision

Mayor Linda Osinchuk said yesterday Strathcona County may appeal the Alberta Utilities Commission's decision to move forward with the 65-kilometre above-ground Heartland transmission line through the area.

● METRO

Instructor guilty of exploiting teen girl

Edmonton hip-hop dance instructor Oliver Damaso, 30, was found guilty of sexual exploitation yesterday as opposed to sexual assault. Damaso admitted he had sex with a 16-year-old female student in April 2009.

● METRO

Man killed, two injured in truck rollover

A Fort McMurray man is dead and two others are in critical condition in Edmonton hospitals following a highway crash early yesterday. The single-vehicle rollover happened near Wood Buffalo, the RCMP said.

● METRO

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LUCY HAINES/FOR METRO



► University of Alberta student Aditya Rao takes a cheek swab while signing up for Canada's stem cell registry yesterday.

Call goes out for 200 good men

► Campuses issue alert for potential stem cell donors

Aditya Rao took a few minutes from his day yesterday to sign up for Canada's stem cell registry at the University of Alberta.

The 22-year-old is the target audience for the one-day Get Swabbed event, held yesterday at the Students' Union Building on campus. He's a young, healthy South Asian male, and that ethnically diverse group is in critically short supply on the registry.

"It's just biology," said student organizer Mackenzie Reed. "Males produce more blood volume and better transplant results."

940

More than 940 Canadians are currently searching for a matching stem cell donor.

"Last year we signed up 200 people — this year we'd like 200 males."

For Rao, signing up was a no-brainer.

"Tommy Douglas said a society where you don't care for another isn't much of a society at all," he said.

Stem cells and bone marrow are needed for patients with leukemia, lym-

phoma and other blood-related illnesses.

Events are being held at campuses nationally through Sunday.

Most who sign up will never be matched, but the OneMatch Stem Cell and Marrow Network, which partners with schools across Canada for the event, wants to see more than the current 300,000 Canadians on the network.

"It increases the odds of being matched and gives hope to families," said Reed.

To register online, visit onematch.ca.

● LUCY HAINES

\$2 MILLION RAISED

Local employees give record donation to United Way

PCL employees gave the United Way many reasons to celebrate at their annual Breakfast of Champions yesterday, with a record-breaking \$2-million donation.

PCL is the first organ-

ization in the 70-year history of the United Way of the Alberta Capital Region to achieve this significant milestone. In fact, it beat its own record of more than \$1.6 million last year.

The money was raised via individual employees and a corporate match from PCL in Edmonton, said a news release.

This year's goal for the region is \$21.5 million.

To donate, visit myunitedway.ca.

● METRO

Edmontonian accused of sex assault against teen

RCMP have charged a man from Edmonton after an alleged sexual assault against a teenage girl in southwestern New Brunswick.

Police say the 16-year-old girl sustained non-life-threatening injuries Tuesday in Upper Kingsclear.

Christopher Grinham, 25, is charged with sexual assault causing bodily harm. **THE CANADIAN PRESS**

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City wants info on cell tower policies elsewhere

City council wants to know how other cities and towns let the public know about the placement of cell towers.

Coun. Karen Leibovici requested a report

yesterday on other municipalities' policies, and referred to cities — such as Toronto, Montreal and Vancouver — that have updated theirs in terms of public consultation and noticing land owners.

Mayor Stephen Mandel also wants to know what jurisdiction and power the city has in terms of location of the towers.

There has been recent debate in the Westmount, Hazeldean and Greenfield communities over the issue.

● HEATHER MCINTYRE

Plant bill a shocker

Mayor Stephen Mandel said administration estimates of the cost of re-amping the Rosedale power plant are out of line.

He called the \$81

million to retrofit and \$49 million to build a plaza in the former Rosedale Generating Station, part of a redevelopment of the area, "a ton of dough."

Administration will report back in the new year to defend the high estimates.

● METRO

Not just a family issue

LUCY HAINES/FOR METRO



► Karen Reynolds, director of children, family and community service with Catholic Social Services, speaks about her brother becoming a domestic violence victim at work.

► Firms help end silence on family violence ► City in three-year pact



LUCY HAINES

EDMONTON@METRONEWS.CA

Family violence doesn't stay at home — it's everyone's business.

That's the message of the family-business initiative announced yesterday at the city hall kickoff to family violence prevention month.

Leon Zupan, senior vice-president of operations for Enbridge, spoke at the noon-hour launch about an employee whose husband killed their young child, and then himself, seven years ago.

"We need to get beyond thinking of it as a family issue," said Zupan, whose 1,700 workers will take part in seminars and training.

Harsh numbers

► The Edmonton Police Service received more than 6,700 reports of domestic violence in 2010.

► Family violence in the workplace is said to be the fastest-growing type of abuse in Canada, with 70 per cent of victims noting they had experienced abuse at work.

Enbridge and companies like EPCOR, ATB Financial, the Edmonton Eskimos, Liquor Depot and Servus Credit Union are on board — which thrills Carolyn Goard of the Alberta Council of Women's Shelters.

"The Enbridge tragedy brought us to the tipping point," she said.

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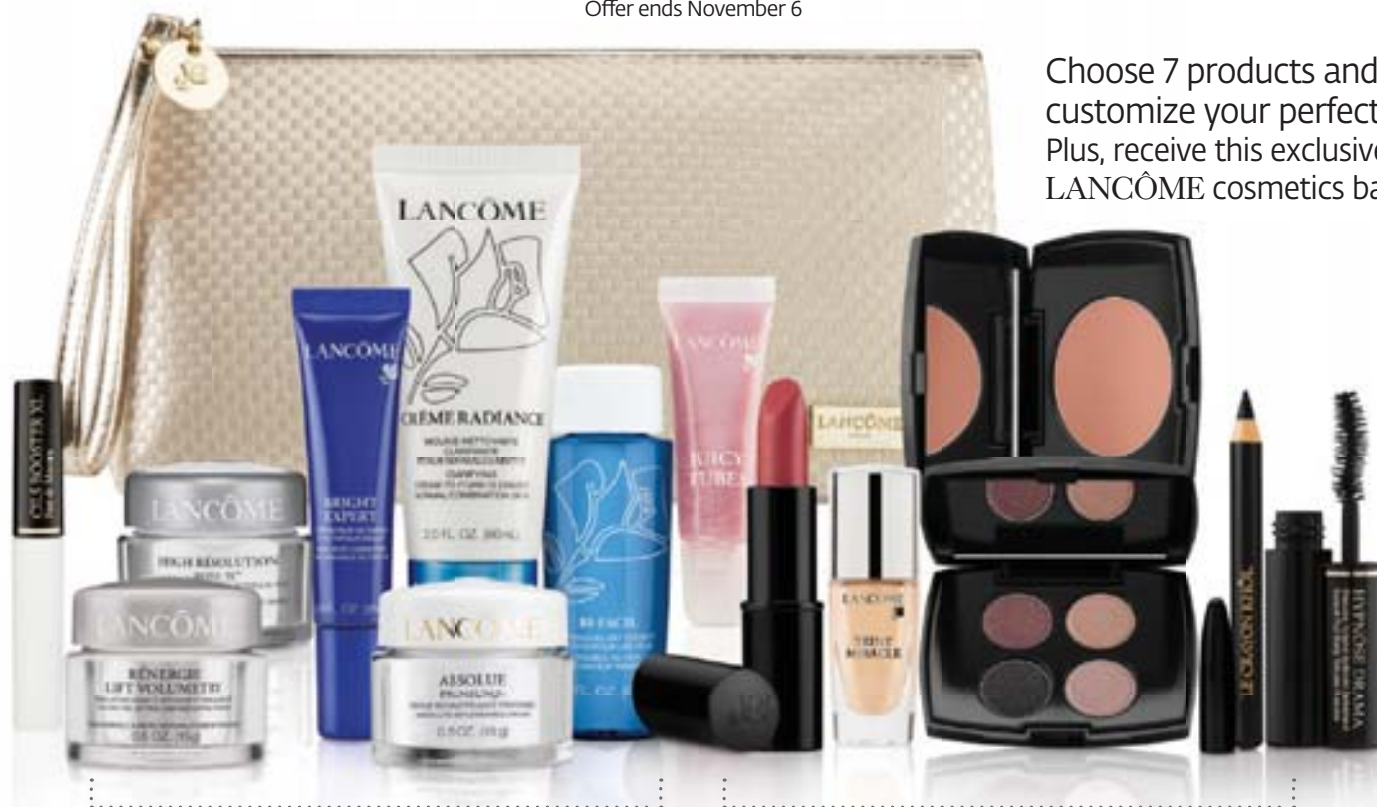
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Police dismantled mother's story

HANDOUT/THE CANADIAN PRESS FILE

► Jury watches interrogation video at trial of alleged honour killers
 ► Accused's version put to test

A Montreal woman accused of killing her three daughters slowly changed her tune during a six-hour interrogation, as the investigator tried to appeal to motherly guilt, but he suggested her new story was just as implausible, court heard yesterday.

Tooba Mohammad Yahya, 41, her husband, Mohammad Shafia, 58, and their son, Hamed Mohammad Shafia, 20, are all charged with four counts of first-degree murder in the deaths of three Shafia sisters and Shafia's other wife in a polygamous marriage. They have pleaded not guilty.

Yahya, Shafia and Hamed were arrested July 22, 2009, and yesterday the jury watched much of the video of the long interrogation of Tooba. RCMP Insp. Shahin Mehdizadeh was brought in to conduct the interview in Farsi.

For much of the interview, Mehdizadeh goes over

Submerged car

► Three teenage Shafia sisters, Zainab, 19, Sahar, 17, and Geeti, 13, along with Rona Amir Mohammad, 50, were found dead inside a submerged car on June 30, 2009, in locks in the Rideau Canal in Kingston, Ont.

► The three accused were interviewed by police that day, and in videos shown to the jury, they can be seen suggesting that Zainab, who didn't have a driver's licence, took the car keys so she could take the Nissan Sentra for a joy ride. The car ending up in the canal was a terrible accident, they suggested.

Yahya's story with her piece by piece, pointing out evidence to the contrary and accusing her of lying to him. "This is not an accident, madam," he says.

THE CANADIAN PRESS



► A car is pulled from the bottom of an eastern Ontario canal in June 2009 after being found with the bodies of three sisters and their father's first wife inside.

Ex-soldier testifies in own defence in comrade's death

ANDREW VAUGHAN/THE CANADIAN PRESS

A former Canadian soldier charged in the shooting death of a fellow reservist in Afghanistan told his court martial yesterday he fired his weapon instinctively when he saw a gun pointed at his head.

However, Matthew

Wilcox admitted the only other person inside the tent that day at Kandahar Airfield had to be his best friend, Cpl. Kevin Megeney — the man he is accused of fatally shooting.

Wilcox, who is facing a second court martial in the

case, also denied telling anyone that the two infantrymen from Nova Scotia were playing a game of "quick draw" when his gun went off on March 6, 2007.

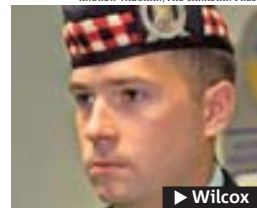
Testifying in his own defence, the 26-year-old from Glace Bay told the military

court he knowingly failed to remove a loaded magazine from his nine-millimetre Browning pistol before entering the tent he shared with Megeney.

Wilcox said he left the magazine in the semi-automatic weapon because he

was too busy carrying his gear after completing a long shift guarding the camp's main gate.

When defence lawyer David Bright asked him how he felt after the shooting, Wilcox replied, "Horrible, sir." THE CANADIAN PRESS



► Wilcox

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Immigration levels to hold steady next year

► Feds create new class of immigrants that will let up to 1,000 PhD students become permanent residents annually

Immigration Minister Jason Kenney plans to hold immigration levels steady next year, but the mix of immigrants will change.

There will be more skilled workers — especially white-collar workers — as well as higher numbers of refugees, parents and grandparents, Kenney told reporters after tabling his 2011 annual report yesterday.

But there will be fewer spouses and dependent children, and fewer live-in caregivers, Kenney added — not because Ottawa doesn't want them, but because they are not coming in numbers as large as in the past.

Kenney tabled his 2011 annual report and it



► Immigration Minister Jason Kenney

shows Ottawa wants to accept between 240,000 and 265,000 newcomers in 2012 — despite pressure from the opposition NDP to gradually raise the levels in order to deal with expected labour shortages in five years' time.

It's the same range as this year and in keeping with the annual average

of 254,000 over the past few years, Kenney said.

But within that pool, the number of so-called "Canadian-experience class" immigrants will rise to about 7,000, Kenney said. That's up from 6,500 in 2011, and is the highest number ever in that category.

The class targets white-collar workers in certain occupations, many already with experience or education in Canada. It was created in 2008 and the Conservative government believes it has been very successful in attracting immigrants who adapt quickly to Canadian life, find jobs and add to economic growth soon after settling here.

THE CANADIAN PRESS

Tibet. Protest

► Tibetans and their supporters from Ontario and Quebec rally on Parliament Hill yesterday during a global day of action.



SEAN KILPATRICK/THE CANADIAN PRESS

Tibet crackdown spurs day of action

Survey ranks companies seen as likely bribers

Transparency International says companies from China and Russia are seen as most

likely to use bribery to secure foreign contracts. The watchdog group's Bribe Payers Index released today shows the two countries at the bottom of a list of 28 of the world's leading economies.

Canada shared sixth place with Australia, and the U.S. placed tenth.

The survey asked 3,000 executives how often firms they deal with from different countries engage in bribery. THE ASSOCIATED PRESS

Puppies get new leash on life after being saved from Winnipeg trash bin



ELISHA DACEY

@METRONEWS.CA

METRO CANADA IN WINNIPEG

Two puppies that were left to die in a garbage bin have a second chance at a long life.

Puppies Wednesday and Pugsley were brought to the City of Winnipeg Animal Services Agency last week after being found in a dumpster.

Both dogs were near death and needed emergency veterinary care.

City officials said the puppies both survived and will be available for adoption this week at Animal Services on Logan Street.

"Animal Services officials wish to remind the public that if residents are unable to care for their dogs, there are many resources available in Winnipeg," the City said in a press release.

"Ask family, friends, co-workers, or seek the assistance of the numerous animal welfare groups in Winnipeg."



► Puppies Wednesday, left, and Pugsley were rescued from a garbage bin last week in Winnipeg.



CITY OF WINNIPEG ANIMAL SERVICES PHOTOS



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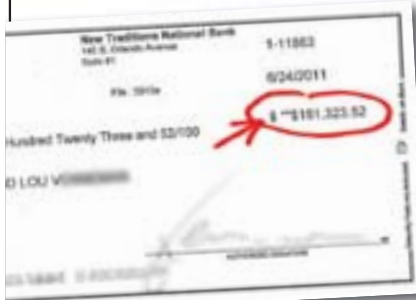
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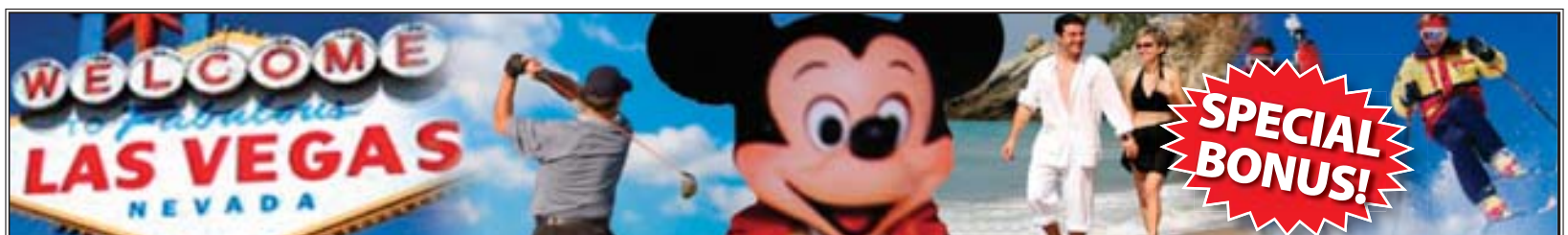
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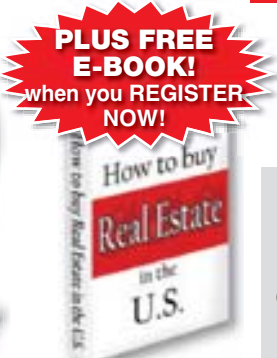
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Justin Trudeau upset over questioning of his faith

Liberal MP Justin Trudeau says he is upset and offended by a Tory MP who publicly questioned his adherence to the Catholic faith and his suitability to speak to students at a Catholic school.

Dean Del Mastro, the parliamentary secretary to the prime minister, said on Facebook last month that it was "outrageous" the Catholic school board in Peterborough, Ont., had invited Trudeau to speak for a second time in three years.

But Trudeau said he doesn't see any incongruity

"For someone to start questioning my own faith ... is something that I really take issue with."

LIBERAL MP JUSTIN TRUDEAU

between enshrining the rights of gays and lesbians, for example, and the tenets of Catholicism. He notes that he is personally very opposed to abortion, but still believes nobody can tell a woman what she should do with her body.

THE CANADIAN PRESS

Attack on magazine denounced

A firebombing that destroyed the offices of a French satirical weekly that "invited" the Prophet Muhammad as its guest ed-

itor was denounced yesterday by Muslim leaders and politicians from all sides.

No one was injured in the blaze at the offices of Charlie Hebdo in eastern Paris, hours before the issue featuring a caricature of Muhammad on its front page hit the newsstands.

THE ASSOCIATED PRESS

Pilot error cited in Russian jet crash that killed hockey team

► Investigator says company failed to observe safety standards and adequately train crew ► Pilots had previously flown other type of plane

A Russian pilot inadvertently put the wheel brakes on during takeoff, causing a crash that killed 44 people including a professional ice hockey team, investigators said yesterday, citing lax oversight and insufficient crew training as key reasons behind the error.

The Interstate Aviation Committee said the Sept. 7 crash of the Yak-42 plane near Yaroslavl in central Russia occurred because one of the two pilots accidentally activated the brakes and then yanked a control wheel to his chest, pulling the plane up too sharply in a desperate attempt to take off.

Alexei Morozov, leader of the investigation, said the crew should have aborted the takeoff the moment



they realized it was going wrong.

He said one possible reason the pilot obstinately still tried to take off was a fear of reprisals from his employer.

"Many pilots say that those who cause delays in

flight schedules ... run into various problems at many carriers," Morozov told a news conference. "Company management doesn't like it."

Industry experts say when Russian crews abort takeoffs, make second runs

Fatal disaster

► The crash was one of the worst aviation disasters ever in sports as the dead included 36 players — many of them former NHL players — Canadian-born head coach Brad McCrimmon and staff of the Lokomotiv Yaroslavl hockey team.

► The only player who survived the crash later died of burns. A flight engineer was the sole survivor.

or divert their planes to other airports, they can risk losing their bonuses or face other sanctions as carriers focus on cutting costs.

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Royal. Taster



► Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge taste a high energy paste used to treat severe malnutrition during a visit to the UNICEF Emergency Supply Centre yesterday in Copenhagen, Denmark.

PHIL NOBLE - WPA POOL/GETTY IMAGES

Drawing attention to food crisis in Africa

Prince William and his wife Kate helped pack dozens of UN emergency supplies in Denmark to be distributed in East Africa, where a food shortage is affecting an estimated 13 million people. The British royal couple visited a UNICEF warehouse in Copenhagen to draw attention to the crisis.

Assange loses legal battle

► Experts say odds stacked against WikiLeaks founder avoiding extradition to Sweden

Time seems to be running out for Julian Assange, whose long battle to avoid extradition to Sweden over suspected rape and molestation cases appears likely to end in failure unless he can get Britain's highest court to hear an appeal.

In a major setback yesterday in London's High Court, two British judges rejected Assange's move

to block extradition to face questioning in Sweden.

Court officials said that Assange is planning to try and take the high-profile case to Britain's Supreme Court.

"He has indicated that he plans to launch an appeal," a spokeswoman for the Judicial Office said on condition of anonymity because she wasn't au-

thorized to give her name.

It is possible his request for an appeal will be turned down, making extradition virtually inevitable.

Yesterday's ruling is the latest reversal for Assange, whose secret-spilling organization WikiLeaks has been hanging on the brink of financial ruin.

"We will be considering our next steps in the days ahead."

JULIAN ASSANGE, WIKILEAKS FOUNDER

The group has suspended publishing the sensitive government documents that drew the ire of governments worldwide because of money

woes.

Assange has denied any wrongdoing in the alleged rape of one woman and the molestation of another in Stockholm last year.

He and his followers have maintained the sex crimes investigation is politically motivated by those opposed to WikiLeaks.

THE ASSOCIATED PRESS

Manila gets tough on labour abuse

The Philippines has banned its citizens from working in 41 countries that don't protect against labour abuse.

Labor Secretary Rosalinda Baldoz yesterday said

that labour deployments to 125 other countries would continue after Philippine embassies verify their laws protect foreign workers.

THE ASSOCIATED PRESS

Kenya to destroy arms in Somalia

Kenyan military aircraft will target and destroy weapons that were flown into Somalia on two planes and delivered to Islamist militants, an official said.

THE ASSOCIATED PRESS

Three lions killed in South Africa

South African wildlife workers killed two lions who had strayed from a vast park and killed a farmer's cow. The farmer had already killed a third lion.

A South African National Parks spokeswoman said a park researcher had to rescue a ranger, pulling him free and leaving the ranger's boot in the lion's jaws. THE ASSOCIATED PRESS

NICK PERRY/THE ASSOCIATED PRESS

► Manukura is treated at the Wellington Zoo.



Rare white kiwi regains her mojo

She's grumpy, grouchy and packs a good kick. Just like a healthy kiwi should.

Manukura, the white kiwi, is among the rarest of birds. And she appears to have regained her mojo after a heart scare during surgery Friday to remove a stone from her gizzard.

That means watch out—even if the six-month-old flightless bird weighs just two pounds.

"You try to grab her and she kind of karate chops you," said veterinarian Lisa Argilla, at the Wellington Zoo, where Manukura is recuperating. "She growls and she grumbles and she's getting really stropy. So that's great, that's normal kiwi behaviour, and we love it when our patients do that."

When she was born May 1, native Maori leaders took it as an omen. Her Maori name means "of chiefly status" and some believe her arrival heralds a new beginning.

Although a little underweight, Manukura developed normally enough until about two weeks ago, when rangers at the wildlife centre noticed she wasn't eating. She was taken to the zoo where an X-ray revealed she'd swallowed two stones, the larger of which was about the size of a gumball.

It's not unusual for birds to eat stones to help with digestion, but Manukura only managed to pass one of the stones naturally.

So she was taken to the Wellington Hospital, where a urologist was able to zap the stone with a laser to reduce its size and then remove it through her beak, said Argilla—but not before the bird's heart rate dropped precipitously at one point, giving staff a scare. THE ASSOCIATED PRESS

CAREER REPORT

Canada's quality-job pace slows

Canada's 1.4 million unemployed were finding it tougher to land better-paying jobs, particularly in the public sector, as the pace of job growth in Canada appeared to slow during the third quarter, according to employment reports released yesterday.

CIBC said its Canadian Employment Quality Index, which measures both the compensation and stability of jobs, sat roughly where it was on the eve of the last recession.

While the economy generated on average 17,000 new jobs a month during the period, that was down from 29,000 a month in the second quarter and 33,000 in the first — and those fewer jobs were generally of lower quality, the report added.

THE CANADIAN PRESS

Yahoo hops on tablet bandwagon

Yahoo is joining the computer tablet craze with a digital magazine designed for the iPad.

The magazine software unveiled yesterday is called Livestand. It can be customized to pull content from Yahoo's website and other participating publishers to cater to each user's interest.

Yahoo is counting on Livestand to keep its brand and services relevant as more people embrace Apple Inc.'s iPad and other mobile devices to consume digital content.

Yahoo also hopes the magazine brings in more advertising revenue as it tries to break out of a long-running financial funk.

Livestand is debuting nearly nine months after Yahoo first previewed it. At that time, Yahoo hoped to introduce it by the end of June. THE ASSOCIATED PRESS

Small-biz owners get confidence boost

Confidence among small- and mid-sized-business owners climbed slightly in October, according to the Canadian Federation of Independent Business.

Its October barometer was a modest 63.6, almost a point above September's

62.7 and two points higher than August's 61.7 level.

The CFIB says index levels normally range between 65 and 75 when the economy is growing.

The findings are accurate to plus or minus 3.1 per cent. THE CANADIAN PRESS

Energy company admits 'fracking' caused tremors

PETER BYRNE/THE ASSOCIATED PRESS

► Protesters scale a shale gas rig at Banks, near Southport, England, bringing a halt to work at the Cuadrilla Resources site yesterday.



- Hydraulic fracturing on rise
- Critics say it could poison water

The only company in Britain using hydraulic fracturing to release natural gas from shale rock said yesterday that the controversial technique probably did trigger earth tremors in April and May.

But a report commissioned by Cuadrilla Resources, which is drilling for gas outside the north-western English coastal town of Blackpool, cautioned that the tremors, measuring 1.9 and 2.8 on the Richter scale — were due to a combination of geology and operations unlikely to happen again.

Cuadrilla is the only company currently extracting shale gas using hydraulic fracturing — a technique by which a mix of water, sand and chemicals are pumped deep inside underground rock formations to free the gas.

Fracturing operations were suspended on May 27 following the detection of a tremor centred just out-

side Blackpool.

Environmental activists have raised concerns about the potential impact on water quality. Critics say fracking could poison water supplies, while the natural gas industry says it's been used safely for decades.

THE ASSOCIATED PRESS

Market moment

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(98.66¢ US)

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(\$92.51 US)

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(- 3.2)

Gold

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(+ \$17.80)

PRICES AS OF 3 P.M. ESTERDAY

SEAN KILPATRICK/THE CANADIAN PRESS



► Mark Carney.

A survey by the Bank of Canada shows consumer

Canada goods pricier than U.S.

goods cost an average of 11 per cent more in Canada than in the United States.

The results, disclosed in testimony yesterday before a Senate committee by bank governor Mark Carney, show that while a big gap remains, it was an im-

provement over what the bank found last spring.

In its April survey, Canadians were paying an average 18 per cent more than Americans for the same goods.

Carney said higher taxes, retail labour costs that are

about 20 per cent higher in Canada, a smaller population, higher transportation costs and economies of scale south of the border, which allow retailers to reduce costs, may be contributing to higher prices in Canada. THE CANADIAN PRESS

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JAILS ARE A LOT LIKE COFFEE SHOPS — OR THEY SHOULD BE

HE SAYS ...

JOHN MAZEROLLE
METRO



Attention, readers who value their lives: You are in danger! While you read this innocuous-looking sentence (don't be fooled!), criminals could be violating your home, office or body.

That's because crime is everywhere. It's in Canadian downtowns, uptowns, upper downtowns, downer uptowns, suburbs, ghettos, bayous, kibbutzes, duck blinds, under the bed, below the gum line, and even in those stubborn and hard to reach places, like Moose Factory. No one is safe.

To be honest, if you've read this far without undergoing some form of violent attack, major theft or unwanted touching, such as the "noogie," then you should count your blessings. If you count them closely, I think you'll find that several have been stolen.

"By raising your vigilance, we are protecting you from the inevitable crime of the future and the unreported crime of the past."

And now the truly frightening part: There's nothing you can do about it.

That's why the Conservative government is getting — nay, must get — tough on crime.

I for one fully support their tough-on-crime agen-

da (which dovetails nicely with their tough-on-arts and tough-on-environment agenda).

As a left-wing media stooge, I'm expected to oppose everything the Conservatives do, but truth is the media and the government are on the same page, crime-wise.

We both recognize that the quickest way to get people's attention is through fear.

That's why so many newscasts begin with some variation on the question, "Should Canadians be worried?" To which the implicit but unspoken reply is "Yes, OF COURSE you should be worried; otherwise, we wouldn't be bringing you a story about this unprecedented CRISIS, would we, stupid?"

So I say increase the number of prisons until they rival the number of Tim Hortons. Criminals won't dare commit crimes if there's always a clink within view.

Don't think us crass, though. I think it's clear that, whether government or media, we scare because we care. We worry about crime because we're worried about your well-being. By raising your vigilance, we are protecting you from the inevitable crime of the future and the unreported crime of the past.

Understand? You win. We care.

And, if you don't remain vigilant, who knows what might happen? Personally, I worry you'll miss out on something truly scary and horrible, and you'll be so embarrassed you were out of the loop that you'll just wish you were dead.

And if you do die, we in the media will be there to cover it. Like we care.

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

Should teachers and students be friends on Facebook?

91%
NO



9%
YES

Local tweets



- **@smoonie:** Forgot a tshirt for the gym, what did I do? Go to Starbucks to find out peppermint mochas are in! #yeg #immasucker
- **@AndrewNg_:** Parents are leaning towards moving children out of Colchester Elementary in Sherwood Park because of Heartland above ground powerlines #yeg
- **@AlisonMcLeod86:** Clocks go back one hour this Sunday. #yeg.
- **@SDemi_L:** Damn. Someone's cooking up a bbq..
- #yeg
- **@SONiCInternGram:** Feels so weird to be back in the country again! #yeg has absorbed me into its protoplasm
- **@23kristenm:** the news can be so depressing and upsetting sometimes #yeg #shpk
- **@Schrotes:** What's with the yellow ribbons around all the trees on 97th street between downtown and the yellowhead? #yeg
- **@bingofuel:** So remember that distracted driving law? Don't worry, nobody else does either apparently #yeg #yegtraffic

Letters

The recent actions of the Conservatives, in particular Prime Minister Stephen Harper and Agriculture Minister Gerry Ritz regarding the Canadian Wheat Board (CWB), disregard federal legislation.

The CWB was established through the Canadian Wheat Board Act (1943), federal legislation providing farmers with a common economic voice. The act mandates the process by which the CWB can be dissolved, explaining that the government is legally bound to hold a plebiscite that results in a majority of the CWB members voting in favour of dissolution. Our government has refused to follow this process.

In lieu, the CWB held an independent plebiscite resulting in a 62 per cent majority supporting the CWB single desk for wheat. Nonetheless, Ritz tabled the Marketing Freedom for Grain Farmers Act, a bill that would dismantle the CWB by August of 2012.

We are gravely concerned by our government's failure to acknowledge the CWB Act.

**KELTIE BUTLER, ON BEHALF OF
THE FOOD ACTION COMMITTEE OF
THE ECOLOGY ACTION CENTRE
HALIFAX**



photo of the day



► This photo titled **Fantasia** was submitted to the Novelty category by Eduardo Nunes from Portugal.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition.

Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Putting a face on tumours — literally

Doctors at Queen's University in Kingston did a double take when they spotted what looks like the face of a screaming man in an ultrasound of a testicular tumour.

What was meant as an inside joke between doctors went viral after it was published in a recent issue of the journal Urology.

The image has been compared to sightings of the Virgin Mary or Jesus



► What looks like the face of a screaming man in an ultrasound of a testicular tumour.

on toast or grilled cheese sandwiches.

In the journal, the doctors said they debated "whether the image could have been a sign from a deity" — notably the Egyptian god of virility — but quickly dismiss it as a coincidence.

THE CANADIAN PRESS



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Colombia.....From 3.9 ¢/min	Mexico.....From 1.9 ¢/min	U.A.E.....14.9 ¢/min
Cuba.....89.9 ¢/min	Pakistan.....5.9 ¢/min	U.K.....2.9 ¢/min
El Salvador.....9.9 ¢/min	Philippines.....11.9 ¢/min	Vietnam.....4.9 ¢/min
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2 scene

Hugh Grant



Hugh Grant's spokeswoman says the actor has become a father for the first time. The spokeswoman said Grant and the mother "had a fleeting affair and while this was not planned, Hugh could not be happier or more supportive."

THE ASSOCIATED PRESS



Jerry Seinfeld named first guest host to follow Regis Philbin's departure from Live!

Entering shopper's heaven

► Shop 'til You Drop event back for more splurging ► Organizers aim to top last year's success

BACKSTAGE PASS

JENNIFER LARAWAY
METRO EDMONTON



Some of my greatest event ideas have come after a couple of glasses/bottles of wine with friends, but they never seemed to come to fruition.

Maybe that's because when push comes to shove, not many friendships can withstand the pressure of putting on a large scale, public event.

Especially for first time planners or first time partners, there are so many curveballs and unknowns.

But Jennifer Kinal seems to have discovered the recipe for mixing business with pleasure.

Along with her friend Karen, Kinal is putting on the ultimate girls' event, aptly called Shop 'til You



► Shop 'til you drop takes place this weekend at the Delta Edmonton South.

Event

What you need to know about the Shop 'til You Drop event

► **Swag** Admission is free when you make a donation at the door to the Stollery. The first 200 customers receive a free swag bag worth \$75. VIP pass holders are automatically entered to win a day of luxury prize package.

Drop.

Last year was the first time the ladies took a stab at bringing together over 60 vendors under one roof so women can get everything they need from spa treatments to their holiday cards made.

The success proved to be addicting and now the duo is back with even big-

ger and better ambitions for this year.

"We loved the excitement and nervousness we felt as we awaited the day and were so proud that it was a success," Kinal recalls.

"This year, we've really stepped up the show with a gorgeous venue, amazing sponsors, and even

more amazing vendors."

Held in the grand ballroom of the Delta Edmonton South (4404 Gateway Blvd.), Kinal was inspired to put together an event that served several purposes.

For starters, she's a busy lady — juggling motherhood, a fulltime career, and a couple side

businesses, Kinal knew there was a market for other moms and busy professional women, who would want to join her at a one-stop-shop event.

They are expecting a few hundred people to turn out on Sunday.

For more information on the event, visit shoptilyoudropexpo.com.

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Afiara String Quartet

Yuri Cho, violin; Adrian Fung, cello;

David Samuel, viola; Valerie Li, violin

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Convocation Hall, University of Alberta

Featuring works by Haydn, Abigaña & Dvorak



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'They wouldn't let me be me'

► Ex-X Factor singer Haygood says he cut deal to exit ► Producers wouldn't let him be a rocker

Former The X Factor contestant Dexter Haygood said he wasn't pushed off Fox's new singing contest. He jumped.

Haygood was among five contestants eliminated from the show last week. But the rock singer with the James Brown rasp said that what viewers saw didn't reflect the whole story, including a behind-the-scenes agreement to ensure the swift exit he wanted.

According to Haygood, 49, who was part of mentor-judge Nicole Scherzinger's group of age 30-plus contestants, he told Scherzinger two days before last Wednesday's live performance show that he was dissatisfied with X Factor.

"I wanted to leave the show because I was unhappy that I was unable to be a rock artist. I grew up on rock," said Haygood, of Memphis, Tenn., who enjoyed the spotlight in the 1980s as frontman for the rock group Xavion, which toured at one point with Hall & Oates. Being called on to do pop songs such as Beyoncé's Crazy in Love and Katy Perry's I Kissed a Girl

was aggravating, Haygood said: "Can you imagine Steven Tyler, Mick Jagger, James Brown, doing (the Crazy in Love chorus) 'uh oh uh oh uh'?"

Producers "seemed to have their way of doing things. I'm not sure why

"Can you imagine Steven Tyler, Mick Jagger, James Brown, doing (the Crazy in Love chorus) 'uh oh uh oh uh'?"

DEXTER HAYGOOD

they wouldn't let me be me," he said Tuesday.

Scherzinger, former member of the Pussycat Dolls, took his complaint to

the show's producers and came back the same day with an offer, according to Haygood: He would be bounced on Thursday's re-

sults show if he agreed to return for the season finale.

Neither Scherzinger nor Fox immediately responded to requests for comment.

Haygood said he was contractually bound to remain on the show and wouldn't have quit, but he appreciated the out he was given — despite the \$5 million record contract that goes to the winner.

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12.1

Fox gave X Factor a lavish promotional launch but the show hasn't lived up to the 20 million weekly viewers predicted by series creator Simon Cowell, with 12.1 million watching last Tuesday's show.



► Dexter Haygood was eliminated from X Factor last week.



► Phaedra Parks, left, and Sheree Whitfield are shown in a scene from The Real Housewives of Atlanta.

Reality TV condones bullying: Housewife

Fans of Bravo's Real Housewives cable TV reality franchise often tune in for the catfights and drama, but one Atlanta housewife says the genre may encourage bullying.

"Unfortunately I do think that reality TV has spawned a whole culture of bullying," said Phaedra Parks in an interview with The Associated Press on

Tuesday.

"I believe that the behaviour you see on reality TV does not exactly exemplify how adults should be conducting themselves."

Highlights of the series, which has been replicated in seven cities across the U.S., include volatile tempers, verbal outbursts, name calling and allegations of mean tweeting —

and who can forget the infamous New Jersey table flip seen 'round the world?

The last season of The Real Housewives of New Jersey kicked off with a chaotic, physical altercation at a baby christening, while the new season in Beverly Hills, California, has focused on veteran castmates ganging up on and ostracizing new girl Brandi

Glanville, going as far as hiding her crutches while she had a broken foot.

Parks said she believes parents need to monitor what their children watch and insists that series like hers are not meant for young viewers.

Season 4 of The Real Housewives of Atlanta premieres on Bravo on Nov. 6.

THE ASSOCIATED PRESS

No holds barred for Neil

► Actor resumes his crazy role in A Very Harold & Kumar 3D Christmas

NED EHRBAR
SCENE@METRONWS.CA
METRO WORLD NEWS IN HOLLYWOOD

Neil Patrick Harris has successfully come out of the post-child star wasteland to become one of the biggest stars working today, with a hit sitcom on CBS, gigs hosting every major awards show but the Oscars, and a large fanbase cheering him on.

And since it was his jaw-dropping cameo in 2004's Harold & Kumar go to White Castle that helped relaunch his career, naturally he was game to come back for the franchise's third instalment, A Very Harold & Kumar 3D Christmas — even if he did get shot and killed at the end of the last film.

But you can't have NPH return from the dead for

another Harold & Kumar film without upping the ante on his atrocious behaviour.

When asked if there's a line he wouldn't want to cross with his onscreen alter ego, Harris insists it's far too late for that kind of thinking.

"That's such a tough question because I never thought that any of this would've been written," he says.

"I wouldn't even have imagined that I would be smoking crack and trying to forceably enter a dancer girl. I don't know where the line gets drawn here anymore."

Of course, Harris' rising profile — and public coming out of the closet — have become factors since the original film, leaving a lot for the filmmakers to address.

How NPH fits in

► In A Very Harold & Kumar 3D Christmas, the boys stumble upon Neil Patrick Harris rehearsing a Rockette-studded holiday spectacular, complete with show tunes and kick-lines.

Harris was happy to poke fun at his newfound status — he's referred to as America's Sweetheart in the film — as long as he got a say in the jokes as usual. That held especially true since Harris' husband, David Burtka, was along for the ride this time.

"I was more cautious and protective of those scenes than any of the others, weirdly, just because I didn't want it to feel exploitative or like a sight gag and nothing more," says Harris.

"I know David to be a well-trained Albee actor from New York, and I just didn't want it to seem like we were using him for some sight gag and then end it. And I didn't want to leave a bad taste in anyone's mouth about him on my watch, right?"

In the end, Burtka is used to great comic effect — and we'll just leave it at that for now.

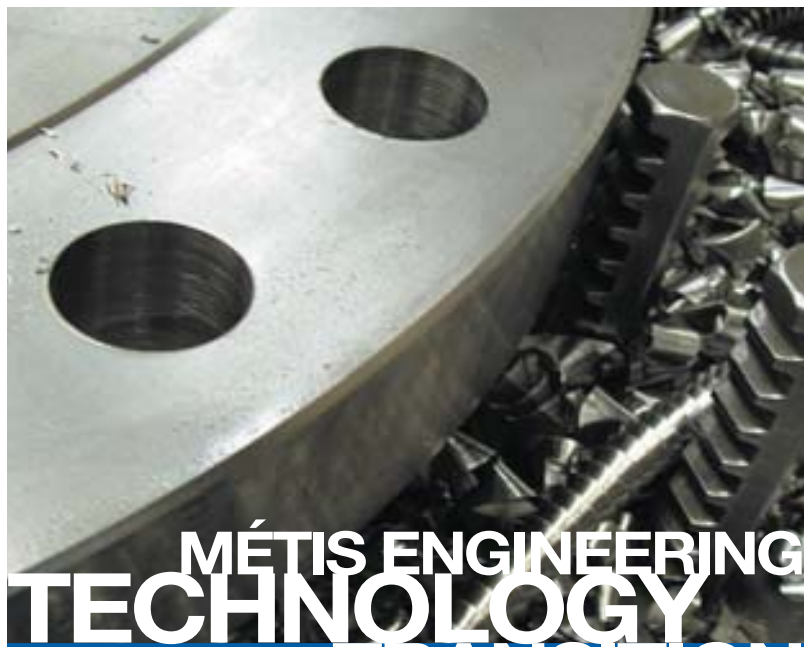
As much affection as Harris has for the franchise that helped make him a star again, that doesn't necessarily mean he's a lock for any and all Harold and Kumar adventures in the future.

So what would it mean to have the duo hit the big screen without NPH?

"I think Jonathan Taylor Thomas would be thrilled," Harris says with a laugh.



► Neil Patrick Harris has been a staple in the Harold & Kumar movies.



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The Biebs a baby daddy?

- California woman wants Justin Bieber to take a paternity test
- Claims four-month-old child is his



► Justin Bieber

A California woman claims that Justin Bieber is the father of her four-month-old child and wants the 17-year-old pop star to take a paternity test, according to TMZ. "He told me he wanted to make love to me and this was going to be his first time," the woman, 20-year-old Mariah Yeater, says in a sworn affidavit, explaining that they met backstage after an L.A. concert in October 2010, where Bieber allegedly invited her to join him in private — in a bathroom.

"We went inside and immediately his personality changed drastically," Yeater

says.

"At the time I asked him to put a condom for protection, but he insisted that he did not want to. In his own words, he said that because it was his first time he wanted to feel everything."

Bieber's camp is denying the allegations, of course: "While we haven't yet seen the lawsuit, it's sad that someone would fabricate malicious, defamatory, and demonstrably false claims," the singer's reps say. "We will vigorously pursue all available legal remedies to defend and protect Justin against these allegations."

METRO

WHAT ABOUT THE GIFTS, KIM?

THE WORD

DOROTHY ROBINSON
SCENE@METRONOVS.CA


Day three of Kardashian divorce coverage and we're not slowing down — not when, like Pompei, there are so many unanswered questions out there.

But they won't be unexplained for long as — wouldn't you know it? — it just so happens Kris Jenner has a new book, *Kris Jenner: And All Things Kardashian*, that she has to promote!

The ladies of *The View* grilled Mama Kardashian yesterday and whereas Jenner was very honest, she says she doesn't know what her daughter will do with that \$2 million dollar engagement ring.

But we do, thanks to a quick chat with etiquette expert extraordinaire, Lizzie Post, co-author of the new book *Emily Post's Etiquette: 18th Edition*. And although "etiquette" and "Kardashian" go as well together as "Larry King" and "sex tape," she does have some good points.

"That's her ring to keep," she advises.

"It's really hers and it's

up to her on what she decides to do with it.

"She did have a marriage. Just because it didn't last very long doesn't mean she didn't follow through with her engagement."

But, as for the news Kardashian is donating her millions of dollars worth of wedding gifts to charity, Post says that is just wrong, wrong, wrong.

"It's totally inappropriate!" she laughs.

"I know her heart is in the right place but the truth of the matter is, the intention behind a wedding gift isn't to be donated, it was for them to be used as gifts for Kris and Kim and their life together."

"The appropriate thing is to return them to the person who gave it — especially if she goes and gets the tax write-off for them."

Post's last piece of etiquette advice is that everyone (even big-headed gossip columnists like myself) need to be respectful of their divorce.

"Everyone should be very open minded and respectful now," says Post.

"I don't care who you are — having a marriage dissolve after that short of time is very painful," she adds.



► Kim Kardashian and Kris Humphries in happier times.

Celebrity tweets



I wonder how many seals escape being eaten by great white sharks because the sharks have mistaken them for surfers.



@JimCarrey

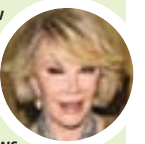


@SethMacFarlane

There's a decent chance our next president will believe that humans once kept dinosaurs as pets.

@Joan_Rivers

I think I know why Kim's marriage lasted only 72 days. Apparently she only knows 71 positions.



@SarahKSilverman



I wish I had a deity copilot. I don't even have an emergency contact.

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Style pick

Jil Sander iPhone holder

Yes, the iPhone 4S is here. Whether you're a technocrat or not, it's always a wise move to keep your gadget safe by (colour) popping it in this on-trend, saffron sheath.

● RICHARD PECKETT

JIL SANDER

\$125, oki-ni.com



Saint Pierre teams with Reitmans; boost for New Labels; Pugh for MAC

Close up on Bridget Kelly

► Jay-Z's protégé is a New Yorker with a debut EP that features The Dream and Frank Ocean, and a mean flair for makeup

► She shares some of her stage tips



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METRO WORLD NEWS IN LONDON

Lip balm that won't catch flies

"I wear my hair down a lot so I'm not a fan of lip-gloss," says the Roc Nation singer who is currently working on a new album. "If I'm on stage and the wind blows then my hair will get stuck on my mouth so I avoid it. MAC's pink lip conditioner gives just a little bit of tint and looks like a gloss without the sticky shine. It's just enough moisture to look like makeup."

Beating the bad skin days

"The NARS duo concealer in custard/ginger saves my life when I'm having a breakout," Kelly explains. "It completely covers what I need covered. And if I have a show, MAC studio tech compact gives me complete coverage and gives my face a glow."

The trick to cheek contouring

"I have high cheekbones so it's really easy for me to mess the blush up and end up looking like a doll.



For the best result I use a small brush with St. Tropez Bronzing Rocks. I try and contour the powder below my cheekbones by making a fish face and pouting my lips so I can see where my cheekbone

line is and then I just brush underneath it. This helps illuminate them a little more."

On the perfect eye:

"I have long lashes so mascara easily starts to

Bridget Kelly's

beauty rules

- 1 "Wash your face twice a day to keep the skin fresh and the pores clean."
- 2 "Never be afraid to try new things. I used to have a fear of lipstick as I used to find a heavy lip so overwhelming. It can overpower the face and that freaked me out. Now I've started experimenting and I'm more comfortable with the idea so I sometimes go for an orange, bright pink or dark purple lip, colours that used to horrify me."
- 3 "Find makeup that matches your neck. I often see women with all different shades on their face, hands, neck and chest. That never works."

cake and I end up with tarantula eyes. L'Oreal Voluminous mascara is wonderful as it really separates my lashes and adds a bit of lift to them so I don't need eyelash curlers."

IN HER MAKEUP BAG



NARS

Duo Concealer in
Custard/Ginger

► \$30, narscosmetics.com

MAC

Lipstick in
brave red

► \$15,
maccosmetics.com



BURBERRY
Brit Eau de
Toilette

► \$72,
burberry.com



L'ORÉAL PARIS
Voluminous Volume
Building Mascara in
Black

► \$8, lorealparis.com



ST. TROPEZ
Tan Enhancing
Bronzing Rocks

► \$40, st-tropez.com

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Unravelling the knitwear craze

► Knitted apparel has surfaced in a big way this season ► And we don't mean the sweater Granny crocheted for you (but round of applause for kitsch value) ► We're talking about statement, winter woolies for the boys



1



2



5

6

7



8

STRIPES

Whether it's a bold autumn number or Breton-style, it's time to show your stripy side.

1. Marc by Marc Jacobs mohair knit \$414, my-wardrobe.com
2. ASOS stripe crew neck \$42, asos.com

CHUNKY

Extra padding is a must on those bitterly cold, winter mornings.

3. Acne Helsinki, \$380, acnestudios.com
4. Zara mohair sweater, \$79, zara.com

CABLE

Yes, the cable knit is a classic. But it has never looked more relevant than it does now.

5. Polo Ralph Lauren cricket sweater, \$225, mrporter.com
6. H&M jumper, \$50, hm.com

SHAWL COLLAR

They may look like something your old man would shuffle around in but they'll certainly earn you fashion cred.

7. Topman \$120, topman.com
8. Paul Smith \$310, paulsmith.com

● RICHARD PECKETT



Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.



@Jeanne_Beker:
At The Carlu, presenting tonite's final P+G award for Best Mag Cover. Kim Cattrall is hosting the show!

@Jeanne_Beker:
So...what do YOU think makes a great fashion magazine cover?

► @kellycompeau "what do YOU think makes a great fashion magazine cover?" — A 45 yr old that hasn't been air brushed to unrealistic perfection

► @Jeanne_Beker: I agree. Reality rocks!

► @miawallace16 re: mag covers — colour is very important. needs to have shelf appeal. so many options these days. #bebold

► @Jeanne_Beker: Absolutely! We need to be engaged..



► "You know you are iconic when you are a Halloween costume" (Jeanne retweet posted by @kent_worth)

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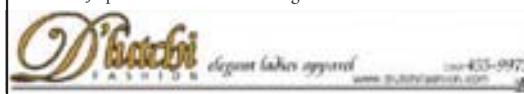
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KARL LOHNES
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Each fall new and exciting

kitchen appliances are introduced to the marketplace. This year offers new technology, more stainless steel and built-in styles. Here's a quick peek at some of the most interesting I found.

Thermador Masterpiece Induction Cooktop

Induction cooking offers immediate on/off heat that is safe for busy kitchens and serious cooks. The exclusive Sensor Dome feature monitors the heat of the pan so that food cooks at the constant heat level you want; \$5,150.

Bosch 800 Plus Series dishwasher

This is the dishwasher that hits home with small space and open-concept home dwellers; it's the quietest and most water efficient on the appliance market.

No more turning up the television while the dishwasher is running. It also has a half-load cleaning cycle, which saves water and energy; \$2,400.

Sharp Microwave Drawer Ovens

A new way to consider installing a microwave is under the counter and the Sharp microwave oven is one of the firsts to do so.

Mounting it low means it is tucked out of view, easy for children to use and means no lifting hot dishes from above. A safety button gives parents peace of mind when not around; \$1,100.

Scholtes 24 inch built-in wine fridge

This smart looking, built-in wine fridge looks great mounted high on the wall or below a counter and sits flush with the depth of cabinets.

It holds up to 24 bottles, offers UV light protection and clean air circulation to keep wine safe. It's the perfect size for those that want to integrate a wine fridge into an average or small-sized kitchen; \$1,999.

Jura Impressa J9 Coffee Machine

This is the granddaddy of high-end countertop coffee machines; just one touch and you can automatically make barista-quality lattes, espressos and cappuccinos.

Truly the best! \$2,995



De'Longhi's hand blender offers more than just pureeing like a pro.

Frigidaire 30 inch Freestanding Electric Double Oven Range

This is the Cadillac of ranges for busy families or cooking enthusiasts; the full-sized double ovens can each hold 28 pound turkeys and the stovetop boasts five elements (two of which are expandable), plus a warming zone; \$2,200.

De'Longhi Hand Blender

The three blades and stainless shaft mean you can purée hot soups and sauces right in the pot. It's great for smoothies too! A rubberized handle keeps the blender non-slip and keeps buttons protected from heat and splatters; \$99.

Bosch VitaFresh Refrigerator

This armoire-

style refrigerator has two upper doors and a deep freezer drawer below that makes food storage a breeze. A high-tech lining within the fridge drawers help to maintain the perfect balance of temperature, humidity and air circulation, and an AirFresh filter (never needs to be replaced) keeps ice smelling and tasting great; \$2,999.



► Frigidaire's double oven range allows for twice as much baking.



► Induction cooktops offer instant on/off heat.



► Sleek, built-in stainless appliances top the list of trends for this year.



► Scholtes' Compact Wine Fridge keeps up to 24 bottles perfectly chilled.

KitchenAid Architect Series Food Processor

This large sized food processor has an external adjustment for the slicing disc that allows you to control the thickness of cutting and adjust for thin or thick slicing without having to open the lid. It also has an ultra wide feed tube large enough for potatoes or cucumbers. Great for the family chef; \$399.



► Sharp's Microwave Cooking Drawer takes the microwave to a new level.

SPONGING UP CLEANING ADVICE IN CHINA

CHARLES THE BUTLER



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METRONEWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Greetings from Asia!
Yesterday, while having lunch at the new Andaz

Hotel here in Shanghai, I had the honour to be with three wonderful local journalists.

Lunch started off as most business lunches do with pleasant conversation, but within the first 10 minutes one of the journalists leaned over and said, "Charles, as a professional butler, how do you clean a kitchen sponge?"

At first I was a little taken back, and then I laughed.

Why did I laugh? Well I started thinking to myself that despite literally being on the other side of the

world from home, we all have the same questions in our daily lives.

So how do you clean sponges? Well, it is rather simple really.

1. Wash you sponge under warm running water with dish soap.

2. Take the wet sponge and twist most of the water out.

3. Put the moist sponge in the microwave on full power for 60-90 seconds.

4. Let it dry on your kitchen counter.

Now one thing to always remember: don't keep sponges for too long. Lucky enough sponges are generally inexpensive and so after a period of time (I change mine pending use every two to four weeks) they should be replaced, but it is important to clean them daily.

GOT A QUESTION? SEND AN EMAIL TO
ASKCHARLESTHEBUTLER@METRONEWS.CA.



► Why clean your dishes with a dirty sponge?

Fun decorations for fall

► You dressed the kids for Halloween, now you can dress your home for autumn ► Use seasonal materials

DIY IDEAS

It's easy to capture the feeling of the season without displaying fake and over-the-top decorations.

These simple tips will update the look of your home.

While decor is an easy trick, some lucky homeowners are subject to ambush contracting at its best with host Josh Temple in DIY Network Canada's House Crashers.

Stunned homeowners win the remodel lottery with dramatic, eye-popping home transformations.

Use these eye-catching materials to add beautiful

autumn decor to your porch or yard.

Dried cornstalks

These can be purchased at roadside vendors or other locations where pumpkins and apples are sold.

Bunch together 15-20 dried cornstalks at a time and tie in the middle with twine.

Add a colourful ribbon around the twine in burgundy, green, orange, or a colour that suits your home.

Place them on either side of an entranceway for a beautiful first impression.

Plants

Mums are the key to a fall feeling. Find a colour that will bring a zing to your

overall decor.

Flowering cabbages are another great way to include plants.

Both of these can be purchased and kept in pots to be displayed in front of your house if you don't have room in the garden.

Pumpkins and gourds

This is one of the simplest ways to decorate for fall.

Arrange an assortment of pumpkins and gourds in varying sizes and shapes to dress up any walkway, staircase or entrance.

Dried corncobs

These come in a variety of colours and add harvest flair to fall decorating.

Tie them to cornstalk bunches or include in larger arrangements.

Wooden signs

Autumn is a great season to display your favourite craft items outdoors.

► Painted wooden signs can be purchased from craft fairs or made yourself to bring fall sentiments to your decor.

► Say it loud: You can include signs that are simple, like "apples," or paint your favourite family sayings.

Wreaths

Whether homemade or store-bought, wreaths are a great way to dress up your entrance.

Think of including berries, mini gourds, silk flowers or leaves, and colourful ribbon.

HOUSE CRASHERS AIRS WEDNESDAYS AT 9 P.M. ET/PT ON DIY NETWORK CANADA.



► Don't wait until December to put a wreath on your door.



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Make your old place feel new

► Selling your home is no easy task ► Here's a few simple tips that can help increase your pad's appeal

LINDA CLARKE
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

For homeowners stuck in a selling stalling pattern, don't just kick back and let the place crumble until you move. Instead, ask these two questions: Do I really need to move right now, and why didn't it sell? Then, take action, advises

Jeff Kaliner, founder and CEO of Philadelphia-based Power Home Remodeling Group, which has branches throughout the Northeast U.S. and specializes in siding and windows.

"First, decide whether you want to increase the home's appeal to sell it, or to make it more comfy for you and your family," says Kaliner.

Any makeover will add

new appeal to a home you have tired of, plus, it'll add eye appeal when you decide to put it back on the market. "You don't have to spend a lot of money," he says. "[There are] many things you can do yourself." Kaliner gives us some ideas.

Replace doorknobs

This is another easy way to change the look of a room, or the whole house.

"This is such a simple thing. You can change cabinet knobs or doorknobs throughout," he says.

Replace fixtures and fittings Whether it's light fittings or bathroom fixtures, replacing old tatty ones or matching up finishes is a simple way to streamline a room.

"You can change from shiny brass to oil rubbed, or something like that," he suggests. "It makes a huge

difference inside."

Keep up with repairs

Whether you decide to stay or keep trying to sell, if your home needs some love, get to it.

"You don't always get a 100 per cent return on what you spend," says Kaliner. "Rather than increase the value, a well-kept home means you haven't allowed value to decrease."

Update basic systems

"If your heating system or water pump or any other basic system is older, think about replacing it. Make sure that the basic guts of the home are working properly and up-to-date."

Do some landscaping

"Clean up! This increases curb appeal," says Kaliner. "It's something you can do yourself. Do some planting, cut shrubs and clear the bi-cycles off the lawn."

*Some conditions apply. See sales consultant for details. Exclusive offer, not to be combined with any other offer or promotion. We reserve the right to withdraw this offer at any time. E & O.E.

Weekly
Cookbook

FARMER'S COOKBOOK



Eating fresh, local produce is a hot trend, but Marie Lawrence has been cooking with produce from her gardens and buying milk from the farmers up the road since she was a kid.

In *The Farmer's Cookbook: A Back to Basics Guide to Making Cheese, Soups and Stews, Curing Meat, Preserving Baking Bread, Fermenting, Pies and Cookies, And More* (Skyhorse Publishing Inc., 2011), she includes recipes for everything from biscuits and breads to pies and cookies, soups and stews to ribs and roasts. Also included are instructions for making cheese, curing meats, canning and preserving, and much more.

Organized by month to coordinate with a farmer's calendar, November recipes, for example, include Turkey Burger with Sweet Potato Fries, Vermont Country Sausage, Baked Beans and Pumpkin Cheesecake. The book also offers photographs.

Bursting with harvest flavours

► Using oats and rice in this veggie burger gives it a great texture

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA



The problem with many veggie burgers is that they try too hard to be hamburgers.

Sorry, but they're not fooling anyone, least of all diehard carnivores.

So why not embrace the idea of a veggie burger and make one that tastes and looks like what it is — a burger made from veggies and grains?

That was the motivation in creating this harvest burger, a patty bursting with flavour, not to mention onions, red pepper, corn, pumpkin, rice and oats. It won't fool you into thinking it's meat, and it's not supposed to.

The burger goes great with a slab of cheddar and a slather of mayonnaise, but feel free to top as you see fit. Tzatziki or hummus both work really well.

Preparation:

1 In a skillet over medium-high, heat 15 ml (1 tbsp)

of the oil. Add onion and cumin; sauté until onion softens and begins to brown, about 5 minutes. Add red pepper and corn kernels and sauté until just tender, 3 to 4 minutes.

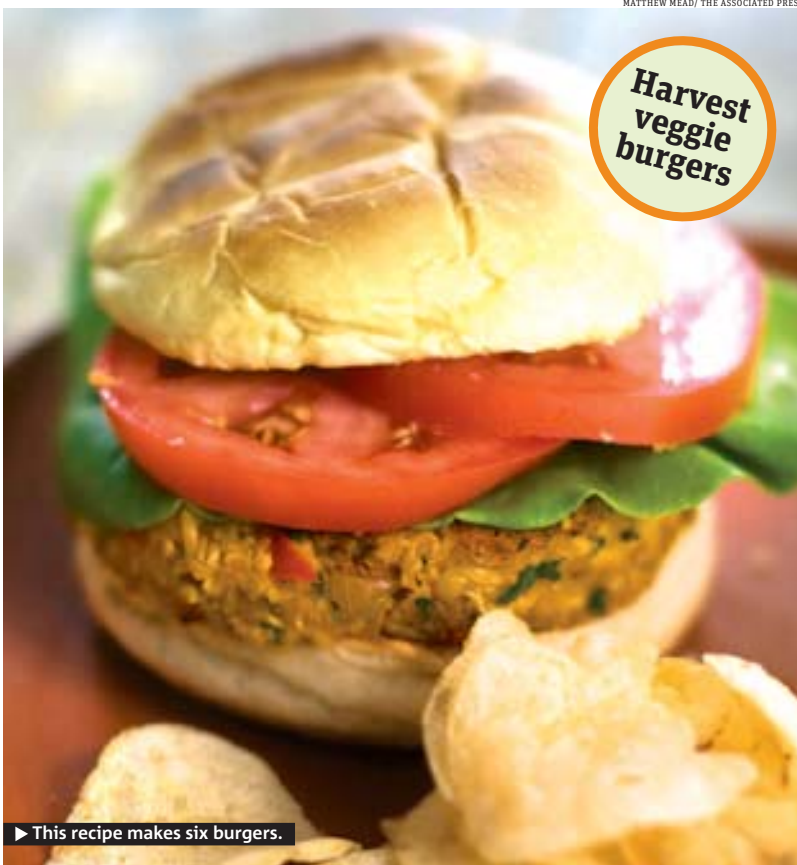
2 Transfer mix to bowl and let cool 5 minutes. Add rice, oats, pumpkin, cilantro, balsamic vinegar, cayenne, salt and pepper. Stir to combine. Form mix into 6 patties.

3 Heat remaining olive oil in a large skillet over medium-high. Add patties to skillet, in batches if needed, and brown for 3 minutes per side. Serve on buns with preferred condiments.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA/ THE ASSOCIATED PRESS

Ingredients:

- 45 ml (3 tbsp) olive oil
- 1 onion, diced
- 5 ml (1 tsp) ground cumin
- 1 red bell pepper, core and diced



► This recipe makes six burgers.

- 125 ml (1/2 cup) corn kernels, fresh or frozen
- 250 ml (1 cup) cooked brown rice
- 250 ml (1 cup) quick oats, lightly toasted

- 1 can (398 ml/14 oz) pumpkin or squash puree
- 30 ml (2 tbsp) chopped fresh cilantro or parsley
- 15 ml (1 tbsp) balsamic vinegar

- Pinch cayenne pepper
- 5 ml (1 tsp) salt
- 2 ml (1/2 tsp) ground black pepper
- 6 burger buns or large rolls

► Try skipping the typical burger sides in favour of a steaming cup of seasonal and tasty Ruby Red Beet Soup

THE CANADIAN PRESS/HO



► This recipe serves six.

Beets offer up a jewel-like red colour to this soup and they are full of nutritional goodness and flavour. Beets are also an economical choice.

The soup is light and easy to make ahead and reheat. It stores perfectly in the refrigerator to warm up a bowl and curl up with on the couch and relax after a long day of work.

When making the Ruby Red Beet Soup, look for larger beets to save time peeling.

Preparation:

1 Shred the beets, onion and potato in food processor fitted with shredding disk (or use a box grater). Place vegetables in a large saucepan along with

chicken broth and orange peel. Bring to a boil; reduce heat and simmer for 20 minutes or until vegetables are tender.

2 Let cool slightly. Discard orange peel.

3 Puree vegetables in batches in a blender or food processor until smooth. Return to saucepan and reheat un-

til hot. Remove from heat. Stir in vinegar; season with salt and pepper to taste. If making ahead, let cool, cover and refrigerate for up to 2 days. Reheat to serve.

4 Garnish each serving with a dollop of yogurt and sprinkling of chives.

● EMILY RICHARDS/

FOODLAND ONTARIO/
THE CANADIAN PRESS

Ingredients:

- 750 g (1 1/2 lb) beets, peeled
- 1 onion
- 1 large baking potato, peeled
- 1.5 l (6 cups) sodium-reduced chicken broth

- 2 strips orange peel
- 15 ml (1 tbsp) red wine vinegar
- Salt and pepper
- Low-fat thick plain yogurt (such as Greek yogurt), for garnish
- Chopped fresh chives, for garnish

GRAHAM HUGHES/THE CANADIAN PRESS



Calvillo gets nod for top CFL award again

Another year, another outstanding player award nomination for Anthony Calvillo.

The veteran quarterback was named the Montreal Alouettes' nominee for the award yesterday in voting conducted by members of the Football Reporters of Canada as well as the eight CFL head coaches. Calvillo has won the honour three times ('03, '08, '09) and is looking to be the East Division nominee for a fourth straight season.

The 39-year-old Calvillo has enjoyed a banner campaign, leading the CFL in passing yards (5,188) and touchdowns (32) while surrendering just eight interceptions.

The other East Division nominees include kick-returner/receiver Chad Owens of Toronto, defensive lineman Justin Hickman of Hamilton and defensive back Jovon Johnson of Winnipeg.

THE CANADIAN PRESS

The West

Quarterback Travis Lulay, who has led the B.C. Lions to nine wins over the club's last 10 games, was a unanimous selection to top the West Division nominees.

Also nominated were QB Ricky Ray of the Edmonton Eskimos and receivers Weston Dressler of the Saskatchewan Roughriders and Nik Lewis of the Calgary Stampeders (unanimous).

Edmonton running back Jerome Messam was a unanimous nominee for most outstanding Canadian. At 940 yards he is attempting to become the first Canadian 1,000-yard rusher since 2000.

Edmonton linebacker J.C. Sheritt (72 tackles) was a unanimous selection as top rookie.

BRUCE BENNETT/GETTY IMAGES



► Joffrey Lupul celebrates his third goal of the game last night.

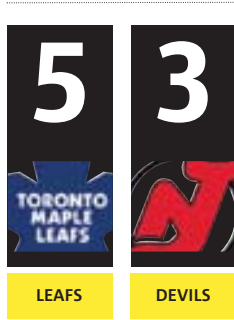
Lupul lights up Devils

► Leafs forward records hat trick in second period as Toronto wins in N.J.

Joffrey Lupul knew that New Jersey goalie Martin Brodeur was returning from an injury, so the Maple Leafs right wing decided to test the 10-time all-star as often as possible.

"We talked about it before the game," Lupul said. "We knew that he was coming off missing three weeks and that he might be off a little bit. We knew we should take our chances."

Lupul led the charge against a rusty Brodeur, scoring three goals in a wild second period for his first hat trick in almost four years, to lead Toronto past



the Devils 5-3 last night.

Lupul connected three times in a span of 6:42 against Brodeur, back on the ice after missing six

games with a bruised right shoulder. Joey Crabb and Mikhail Grabovski also had goals for the Maple Leafs.

"It was good to get it against him, because he always had my number when I was with Philly," Lupul said. "I was fortunate to get some chances in the second period. All night, we were just trying to get as many pucks to the net."

The last time Lupul scored three goals in a game was Dec. 12, 2007, when he had six points for the Philadelphia Flyers against Pittsburgh. He scored four goals in a West-

ern Conference playoff game for Anaheim on May 10, 2006.

Patrik Elias, Dainius Zubrus and David Clarkson scored for the Devils, who have lost five of six.

Phil Kessel padded his NHL scoring lead with two assists for Toronto (8-3-1). Kessel, off to the best scoring start for the Maple Leafs since 1944-45, has 10 goals and 10 assists in 12 games.

Lupul has eight goals this season. He totalled 14 last season in 54 games with the Ducks and Maple Leafs combined.

THE ASSOCIATED PRESS

Rush make big splash with nine signings

"He is a top young defender in the NLL and will only get better."

RUSH GENERAL MANAGER/HEAD COACH DEREK KEENAN
ON THE BRETT MYDSKE SIGNING

The Edmonton Rush filled in most of their roster for the 2012 National Lacrosse League season yesterday.

Edmonton signed nine players to contracts, including star forwards Corey Small and Jimmy Quinlan.

"Both Corey and Jimmy are two of our key players heading into a very important season," said Rush general manager/head coach Derek Keenan. "We have a number of new

faces coming in but to have both of these guys back is critical to achieving our goals for the 2012 season."

Small led Edmonton with 23 goals and 40 assists last season. He also picked up 58 loose balls.

Quinlan is the Rush's all-time leader in scoring and games played. He is

the last original member of the team, with 213 points in 103 regular-season games. He's only missed one game in Edmonton's six-year history.

Both forwards were signed to one-year deals.

The Rush also announced the signing of defender Brett Mydske to a

three-year contract.

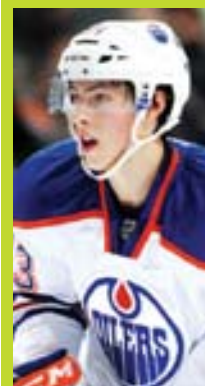
"Brett is a big part of the Edmonton Rush foundation so signing him to a long-term deal is very important to the future of the franchise," said Keenan. "Brett is very committed to the success of this team."

Edmonton also signed Alex Turner, Brodie McDonald, Tyler Codron, Dane Stevens, John Lintz and Eric Lewthwaite to one-year deals.

THE CANADIAN PRESS

4
sports

More sports



EDMONTON OILERS CENTRE RYAN NUGENT-HOPKINS WAS SELECTED AS THE NHL'S OCTOBER ROOKIE OF THE MONTH YESTERDAY. THE 18-YEAR-OLD, WHO SCORED IN HIS FIRST NHL GAME, LED ALL ROOKIES WITH FIVE GOALS AND SIX ASSISTS IN 11 GAMES. NASHVILLE PREDATORS CENTRE CRAIG SMITH WAS ALSO CONSIDERED WITH FOUR GOALS AND NINE POINTS IN 11 GAMES, AS WAS CENTRE LUKE ADAM OF THE BUFFALO SABRES, WHO HAD THREE GOALS AND SIX POINTS.



Scan code for more sports.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	13	8	3	1	1	39	28	18	4-1-1-0	4-2-0-1	6-3-1-0	L1
d-Toronto	12	8	3	1	0	41	38	17	5-0-1-0	3-3-0-0	6-3-1-0	W1
d-Washington	10	8	2	0	0	40	27	16	6-0-0-0	2-2-0-0	8-2-0-0	W1
Philadelphia	12	7	4	1	0	46	38	15	3-3-1-0	4-1-0-0	5-4-1-0	W2
Ottawa	13	7	6	0	0	42	50	14	5-2-0-0	2-4-0-0	6-4-0-0	L1
Florida	11	6	4	0	1	29	29	13	2-1-0-1	4-3-0-0	5-4-0-1	L1
Carolina	12	5	4	2	1	32	37	13	3-1-0-1	2-3-2-0	5-3-1-1	W1
Buffalo	11	6	5	0	0	31	25	12	2-4-0-0	4-1-0-0	5-5-0-0	L2
Tampa Bay	12	5	5	0	2	35	39	12	3-1-0-0	2-4-0-2	4-4-0-2	L1
NY Rangers	10	4	3	1	2	25	24	11	1-1-0-1	3-2-1-1	4-3-1-2	W1
Montreal	11	4	5	1	1	29	30	10	2-3-1-1	2-2-0-0	4-4-1-1	W1
New Jersey	10	4	5	0	1	23	29	9	2-2-0-1	2-3-0-0	4-4-0-1	L3
Winnipeg	11	4	6	0	1	30	39	9	2-2-0-0	2-4-0-1	4-5-0-1	W1
NY Islanders	9	3	4	1	1	18	23	8	3-2-1-0	0-2-0-1	3-4-1-1	L5
Boston	11	4	7	0	0	27	28	8	3-5-0-0	1-2-0-0	4-6-0-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Dallas	11	8	3	0	0	28	23	16	5-1-0-0	3-2-0-0	7-3-0-0	W1
d-Chicago	11	7	2	0	2	37	29	16	5-0-0-2	2-2-0-0	7-1-0-2	W2
d-Edmonton	11	7	2	0	2	35	18	16	5-1-0-1	2-1-0-1	6-2-0-2	W5
Phoenix	11	6	3	0	2	34	31	14	3-2-0-1	3-1-0-1	6-2-0-2	W3
Los Angeles	11	6	3	1	1	26	22	14	3-2-0-0	3-1-1-1	5-3-1-1	L2
Colorado	12	7	5	0	0	33	33	14	1-4-0-0	6-1-0-0	6-4-0-0	L1
Minnesota	11	5	3	2	1	23	24	13	3-2-1-0	2-1-1-1	4-3-2-1	W2
Vancouver	12	6	5	0	1	36	34	13	3-2-0-1	3-3-0-0	5-5-0-0	W2
San Jose	10	6	4	0	0	30	26	12	1-2-0-0	5-2-0-0	6-4-0-0	L1
Nashville	11	5	4	1	1	28	31	12	2-2-0-1	3-2-1-0	4-4-1-1	L1
Anaheim	12	5	5	1	1	26	34	12	3-2-0-0	2-3-1-1	4-4-1-1	L3
Detroit	10	5	4	1	0	23	25	11	3-1-1-0	2-3-0-0	5-4-1-0	L5
St. Louis	11	5	6	0	0	28	31	10	2-1-0-0	3-5-0-0	5-5-0-0	L2
Calgary	10	4	5	1	0	23	28	9	3-3-1-0	1-2-0-0	4-5-1-0	L1
Real Madrid	12	2	9	0	1	28	40	5	2-3-0-1	0-6-0-0	2-7-0-1	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Toronto 5 New Jersey 3
Philadelphia 3 Buffalo 2
Phoenix 4 Colorado 1
Tuesday's results
Vancouver 5 Calgary 1
Boston 5 Ottawa 3
Carolina 4 Tampa Bay 2
Minnesota 2 Detroit 1 (OT)
Washington 5 Anaheim 4 (OT)

Tonight's games

All Times Eastern

Winnipeg at N.Y. Islanders, 7 p.m.
Anaheim at N.Y. Rangers, 7 p.m.
New Jersey at Philadelphia, 7 p.m.
Toronto at Columbus, 7 p.m.
Chicago at Florida, 7:30 p.m.
Calgary at Detroit, 7:30 p.m.
Vancouver at Minnesota, 8 p.m.
Nashville at Phoenix, 10 p.m.
Edmonton at Los Angeles, 10:30 p.m.
Pittsburgh at San Jose, 10:30 p.m.
Tomorrow's games
Washington at Carolina, 7 p.m.
Calgary at Buffalo, 7:30 p.m.
Montreal at Ottawa, 7:30 p.m.
Chicago at Tampa Bay, 7:30 p.m.
Vancouver at St. Louis, 8 p.m.
Colorado at Dallas, 8:30 p.m.

Saturday's games

Buffalo at Ottawa, 7 p.m.
Boston at Toronto, 7 p.m.
Winnipeg at New Jersey, 7 p.m.
Washington at N.Y. Islanders, 7 p.m.
Montreal at N.Y. Rangers, 7 p.m.
Columbus at Philadelphia, 7 p.m.
Anaheim at Detroit, 7 p.m.
St. Louis at Minnesota, 8 p.m.
Edmonton at Phoenix, 10 p.m.
Pittsburgh at Los Angeles, 10:30 p.m.
Nashville at San Jose, 10:30 p.m.

MAPLE LEAFS 5, DEVILS 3

First Period

1. Toronto, Crabb 1 (Lombardi, Liles) 8:37
2. New Jersey, Zubrus 3 (Henrique) 12:16 (pp)
3. Toronto, Grabovski 5 (Gardiner, Gustavsson) 15:50

Penalties — Brown Tor, Mills NJ (fighting) 5:08, Dupuis Tor (holding stick) 10:21, Sykora NJ (hooking) 19:42.

Second Period

4. New Jersey, Elias 5 (Larsson, Kovalchuk) 3:29 (pp)
5. Toronto, Lupul 6 (Komisarek, Connolly) 6:31
6. New Jersey, Clarkson 3 (Palmieri, Mills) 8:15
7. Toronto, Lupul 7 (Kessel, Connolly) 9:45
8. Toronto, Lupul 8 (Grabovski, Kessel) 13:13

Penalties — Gustavsson Tor (interference; served by Crabb) 2:09, Schenn Tor, Clarkson NJ (fighting) 17:41.

Third Period

No Scoring.

Penalty — Tedenby NJ (goaltender interference) 8:03.

Shots

Toronto 7 9 7 23
New Jersey 6 11 5 22

Goal — Toronto: Gustavsson (W,4-3-0); New Jersey: Brodeur (L,0-2-0).

Power plays (goals-chances) — Toronto: 0-2; New Jersey: 2-2.

Referees — Rob Martell, Stephen Walkom.

Linesmen — Jay Sharrers, Jean Morin.

Attendance — 13,033 (17,625) at Newark, N.J.

SOCCER

EUROPEAN CHAMPIONS LEAGUE

All Times Eastern

FIRST ROUND

(Home teams listed first)

GROUP A

	GP	W	D	L	GF	GA	Pts
Bayern Munich	4	3	1	0	8	3	10
Manchester City	4	2	1	1	6	4	7
Napoli	4	1	2	1	6	5	5
Villarreal	4	0	0	4	1	9	0

Yesterday's results

Bayern Munich (Germany) 3 Napoli (Italy) 2

Villarreal (Spain) 0 Manchester City (England) 3

GROUP B

	GP	W	D	L	GF	GA	Pts
Inter Milan	4	2	2	0	6	4	9
CSKA Moscow	3	1	2	1	7	5	5
Trabzonspor	3	1	2	1	2	4	5
Lille	3	0	2	2	4	6	2

Yesterday's results

Trabzonspor (Turkey) 0 CSKA Moscow (Russia) 0

Inter Milan (Italy) 2 Lille (France) 1

GROUP C

	GP	W	D	L	GF	GA	Pts
Manchester United	4	2	2	0	8	4	8
Benfica	4	2	2	0	5	2	8
FC Basel	4	1	2	1	6	7	5
Otelul Galati	4	0	0	4	1	7	0

Yesterday's results

Manchester United (England) 2 Otelul Galati (Romania) 0

Benfica (Portugal) 1 FC Basel (Switzerland) 1

GROUP D

	GP	W	D	L	GF	GA	Pts
Real Madrid	4	4	0	0	10	0	12
Ajax	4	2	1	1	6	3	7
Lyon	4	1	1	2	2	6	4
Dinamo Zagreb	4	0	0	4	0	9	0

Yesterday's results

Lyon (France) 0 Real Madrid (Spain) 2

Ajax (Netherlands) 4 Dinamo Zagreb (Croatia) 0

GROUP E

	GP	W	D	L	GF	GA	Pts
Chelsea	4	2	2	0	9	2	8
Bayer Leverkusen	4	2	0	2	5	6	6
Valencia	4	1	2	1	5	4	5
Genk	4	0	2	2	1	8	2

Tuesday's results

Valencia (Spain) 3 Bayer Leverkusen (Germany) 1

Genk (Belgium) 1 Chelsea (England) 1

GROUP F

	GP	W	D	L	GF	GA	Pts
Arsenal	4	2	2	0	4	2	8
Marseille	4	2	1	1	4	1	7
Borussia Dortmund	4	1	1	2	3	7	4
Olympiakos	4	1	0	3	4	5	3

Tuesday's results

Arsenal (England) 0 Marseille (France) 0

Borussia Dortmund (Germany) 1 Olympiakos (Greece) 0

GROUP G

	GP	W	D	L	GF	GA	Pts
APOEL	4	2	2	0	6	4	8
Zenit St. Petersburg	4	2	1	1	7	5	7
FC Porto	4	1	1	2	5	7	4
Shakhtar Donetsk	4	0	2	2	4	6	2

Tuesday's results

Zenit St. Petersburg (Russia) 1 Shakhtar Donetsk (Ukraine) 0

APOEL (Cyprus) 2 FC Porto (Portugal) 1

GROUP H

	GP	W	D	L	GF	GA	Pts
x-Barcelona	4	3	1	0	13	2	10
x-AC Milan	4	2	2	0	7	3	8
BATE Borisov	4	0	2	2	2	9	2
Viktoria Plzen	4	0	1	3	1	9	1

x — advances to knockout round.

Tuesday's results

BATE Borisov (Belarus) 1 AC Milan (Italy) 1

Viktoria Plzen (Czech Republic) 0 Barcelona (Spain) 4

MLS PLAYOFFS

All Times Eastern

EASTERN CONFERENCE

SEMIFINALS

Kansas City vs. Colorado

Last night's result

Kansas City 2 Colorado 0

(Kansas City wins on 4-0 aggregate)

Houston vs. Philadelphia

Tonight's game

Philadelphia at Houston, 8:30 p.m.

WESTERN CONFERENCE

SEMIFINALS

Los Angeles vs. New York

Tonight's game

New York at Los Angeles, 11 p.m.

Seattle vs. Real Salt Lake

Last night's result

Seattle 2 Real Salt Lake 0

(Real Salt Lake wins on 3-2 aggregate)

TENNIS

ATP VALENCIA OPEN 500

At Valencia, Spain

Singles — First Round

Juan Martin del Potro (6), Argentina, def.

Dmitry Tursunov, Russia, 6-4, 6-1

Alex Bogomolov, Jr., U.S., def. Feliciano Lopez (8), Spain, 4-6, 6-4, 7-6 (2).

Marin Cilic, Croatia, def. **Milos Raonic**, Thorn-

hill, Ont., 6-4, 6-4.

Second Round

David Ferrer (1), Spain, def. Vasek Pospisil, Ajax, 6-3, 6-3.

Gael Monfils (3), France, def. Pablo Andujar, Spain, 6-2, 7-6 (5).

Doubles — First Round

Bob and Mike Bryan (1), U.S., def. Lukas Dlouhy, Czech Republic, and Alexandr Dolgoplov, Ukraine, 6-3, 6-2.

Eric Butorac, U.S., and Jean-Julien Rojer, Netherlands Antilles, def. Mariusz Fyrstenberg and Marcin Matkowski (2), Poland, 7-5, 6-4.

Frantisek Cermak, Czech Republic, and Filip Polasek, Slovakia, def. Oliver Marach, Austria, and David Marrero, Spain, 6-7 (5), 6-3, 10-5 (tiebreak).

Quarter-finals

Kevin Anderson, South Africa, and John Isner, U.S., def. Marcel Granollers and Marc Lopez, Spain, 5-7, 7-5, 10-6 (tiebreak).

ATP DAVIDOFF SWISS INDOORS

At Basel, Switzerland

Singles — First Round

Robin Haase, Netherlands, def. Andy Murray (2), Britain, 6-2, 7-6 (7).

Florian Mayer, Germany, def. Janko Tipsarevic (6), Serbia, 5-1 (retired).

Andy Roddick (7), U.S., def. Tommy Haas, Germany, 6-3, 6-4.

Lukasz Kubot, Poland, def. Tobias Kamke, Germany, 5-7, 7-5, 6-2.

Radek Stepanek, Czech Republic, def. Santiago Giraldo, Colombia, 6-1, 6-3.

Second Round

Roger Federer (3), Switzerland, def. Jarkko Nieminen, Finland, 6-1, 4-6, 6-3.

Marcos Baghdatis, Cyprus, def. Michael Lammner, Switzerland, 7-6 (2), 6-7 (2), 6-3.

Doubles — First Round

Max Mirnyi, Belarus, and **Daniel Nestor** (2), Toronto, def. Andy and Jamie Murray, Britain (walkover).

Christopher Kas, Germany, and Alexander Peya (3), Austria, def. Santiago Gonzalez, Mexico, and Scott Lipsky, U.S., 7-6 (0), 6-2.

Xavier Malisse and Dick Norman, Belgium, def. Mahesh Bhupathi, India, and Michal Mertinak, Slovakia, 5-7, 6-3, 11-9 (tiebreak).

CIS TOP 10

FOOTBALL

1. (2) Laval (8-1), 278 points (21)

2. (1) Calgary (7-1), 242 (4)

3. (4) Western Ontario (7-1), 221 (4)

4. (3) McMaster (7-1), 190

5. (6) Sherbrooke (7-2), 187

6. (7) British Columbia (6-2), 149

7. (5) Montreal (6-3), 97

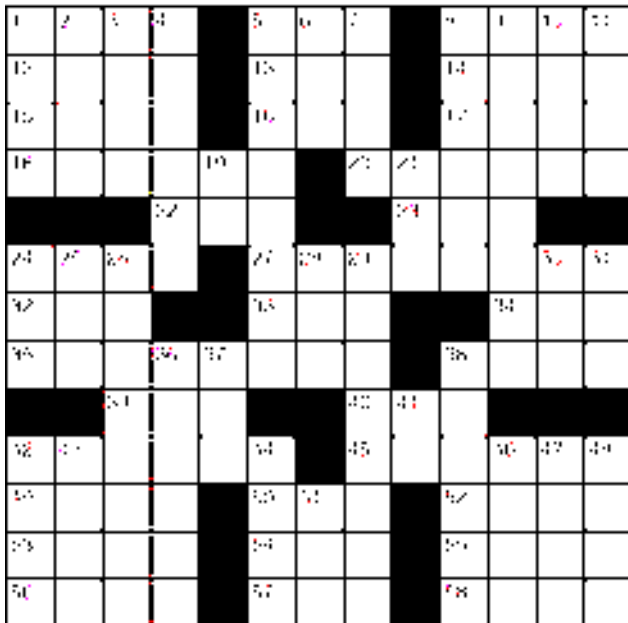
8. (8) Queen's (7-1), 96

9. (9) Acadia (7-1), 61

Crossword

Across

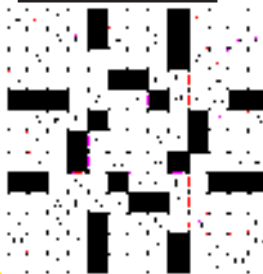
- 1 Spinning toys
- 5 — relief
- 8 Help with a crime
- 12 Beehive State
- 13 Every last bit
- 14 Crooner Jerry
- 15 Use a teaspoon
- 16 Spy-novel org.
- 17 "... and to — good-night!"
- 18 Alaskan brown bear
- 20 "GWTW" hero
- 22 To the — degree
- 23 Trail behind
- 24 Spoof
- 27 Locales for snuffing
- 32 Commotion
- 33 Gun lobby grp.
- 34 Wrestling surface
- 35 Confined
- 38 Moist in the morn
- 39 A billion years
- 40 Prepare Easter eggs
- 42 Surprise attack
- 45 Chocolate-coated treat
- 49 "Buenos —"
- 50 Playwright Levin
- 52 Corn territory
- 53 Lobs' paths
- 54 Book spine abbr.
- 55 Blueprint additions
- 56 Create
- 57 Conger, e.g.
- 58 T, in Morse code
- Down
- 1 Walrus feature
- 2 "Beetle Bailey" dog
- 3 Remunerated
- 4 Psychiatrist
- 5 Tennis stroke
- 6 "The Greatest"



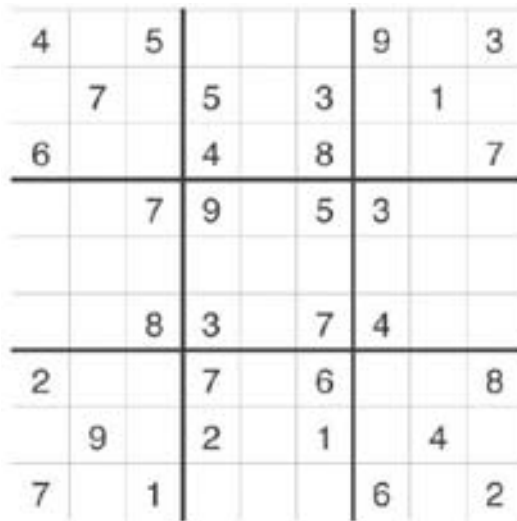
- 7 Thick chunk
- 8 Computer user's icon
- 9 Situation
- 10 Model Macpherson
- 11 Rend
- 19 What @ means
- 21 Last (Abbr.)
- 24 Jongg preceder
- 25 Praise in verse
- 26 Retort
- 28 — Lanka
- 29 Court pastime
- 30 Deviate off course
- 31 Pigpen
- 36 Fluffy dessert

- 37 Type units
- 38 Just said no
- 41 Rocky's greeting
- 42 Leading man?
- 43 Actress Sorvino
- 44 Apiary home
- 46 Gaucho's weapon
- 47 Temple University team
- 48 Humorous poet
- Ogden
- 51 Fish eggs

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	6	2	7	9	1	8	3	5
3	7	1	2	5	8	6	9	4
5	9	8	3	4	6	7	2	1
2	4	6	1	8	7	3	5	9
8	1	5	9	3	2	4	6	7
9	3	7	5	6	4	2	1	8
1	8	3	4	2	9	5	7	6
7	2	4	6	1	5	9	6	3
6	5	9	8	7	3	1	4	2

A look at the weather

TODAY	FRIDAY	SATURDAY
Min 4° Max 7°	Min -8° Max -4°	Min -9° Max -1°

Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 5:30 AM



Today's horoscope

♈ Aries March 21-April 20 Your confidence may be sky high but don't fall into the trap of thinking that you cannot possibly fail.

♉ Taurus April 21-May 21 Anyone who tries to tell you that you owe them your time, or even your money, is not to be trusted.

♊ Gemini May 22-June 21 Don't jump on someone's back just because he or she refuses to see things your way. Let it be.

♋ Cancer June 22-July 22 The more people say you can trust them today, the more you should be on your guard.

♌ Leo July 23-Aug. 23 If opportunity comes knocking today, you must grab it with both hands.

♍ Virgo Aug. 24-Sept. 22 You are long past the point where what you get out of a partnership makes up for what you put in.

♎ Libra Sept. 23-Oct. 23 Strive to stay serene no matter how difficult life gets. You may find that it's not so difficult after all.

♏ Scorpio Oct. 24-Nov. 22 Avoid the temptation to point out a colleague's mistakes today because he or she won't take kindly to you making him or her look bad.

♐ Sagittarius Nov. 23-Dec. 21 You will do OK if you have a specific aim in mind and a plan to get you there by the shortest route.

♑ Capricorn Dec. 22-Jan. 20 Sometimes, it is best to break bad news to someone quickly rather than letting it drag on.

♒ Aquarius Jan. 21-Feb. 18 If you try too hard to make a good impression today, you may end up doing the opposite.

♓ Pisces Feb. 19-March 20. Uranus, planet of changes, warns you must not take chances with money. **SALLY BROMPTON**

Caption contest



"Rear-views are important. You can't be a hippo without the 'hip!'"

SARIKA



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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TELUS employees Surender and Brenda serving at a soup kitchen.

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